

HEALTH and PHYSICAL EDUCATION

Curriculum:

In Health and Physical Education this term we will continue to focus on the following -
Active play and minor games

- Fundamental movement skills
- Lifelong physical activities
- Healthy benefits of physical activity
- Mental Health and wellbeing

Primary students have begun a unit of work called “Dribblers” where the concepts of ball control and movement are the key elements. Small sided Basketball, Netball and Tag style games are being used to maximize individual participation.



Junior Primary students will continue to participate in Minor Games, allowing them to develop their fundamental movement skills. They are also working on a variety of activities where the foundations of ball skills will be taught. This includes rolling, trapping, under arm throws and catching.

Whilst in Health the focus will be completing a detailed unit of work on “Contributing to healthy and active communities.”.



SAPSASA:

Trainings are about to begin for the week long SAPSASA Tennis carnival. The carnival runs from the 20th to the 22nd of November.

Our Year 5/6 Cricket and Netball teams have also completed their matches in the Knock out SAPSASA format. Both teams performed extremely well with many memorable highlights.

Swimming

In Week 1 of next term R – 2 students will take part in the Department for Education Water Safety Program. The ARC proves to be a fantastic facility. Students will be able to develop a range of skills, understanding and attitudes about water safety, survival in the water and rescue of others. More information will come mid term.



Others:



PLAY FOR KICKS

SCAN TO REGISTER

NAB AFL Superkick is next level fun for 8 to 12 year olds who are new to footy, or want to continue to grow their skill levels.

Mawson Lakes School

Starts 29th July at 3:15pm - 4pm

More Info - Joshua.Ladegourdie@sanfl.com.au

AFL Superkick

PLAY.AFL/SUPERKICK

Some great opportunities are available for all 8 – 12year olds with Superkick program beginning this term.

A six-week program running from Monday 29th July through to Monday 9th September.

It will be held on the school oval from 3:15pm – 4:00pm.



SIMPLY SPORTS

WHO: Mawson Lakes School Rec to Yr 2 students

WHAT: **KICKstart beginner soccer program**

WHERE: School oval

WHEN: Tuesdays 3:10pm to 4:10pm
from July 30th to September 3rd

COST: **FREE** if using \$100 SPORTS VOUCHER
or **\$100** without it.

REGISTER: simplysports.com.au/schools/mawson-lakes

CONTACT Ph: Adrian 0402 418 580

Email: info@simplysports.com.au

KICKstart SOCCER

SPORTS VOUCHERS

Another fantastic program for R – 2 students with Kickstart beginning on Tuesday 30th July. Please use your Sports voucher to reduce the cost.

Kind regards

Michael.lukacs873@schools.sa.edu.au

Des.deuter107@schools.sa.edu.au